

*The Litany of Loreto or  
Litany of the  
Blessed Virgin Mary*



*Handwriting Practice*

## *The Litany of the Blessed Virgin Mary*



Our Lady has been called by many beautiful titles, such as the Blessed Mother, the Mother of God, the Queen of Heaven. The Saints of every age have tried to find the most perfect names for her. They wanted to show the high place which God has given Mary in creation. They wanted to praise the holiness, the beauty and sweetness of the Mother of God. Some of the loveliest of these titles have been gathered together in a prayer called the *Litany of the Blessed Virgin* or the *Litany of Loreto*.

A Litany is a solemn prayer used by the Church to beg God's help. In the Litany of the Blessed Virgin we call Our Lady by her various names, asking her each time to pray to God for us. If some of the titles seem strange to us, we must remember that a number of them are symbols or signs. For instance, Our Lady is called in the Litany "Mystical Rose." This means that her love of God is very great, for the rose is the token of love. It also means that Mary's goodness and holiness are like the perfume a rose sheds around it.

As we think of the beautiful names in Our Blessed Mother's Litany, our knowledge and love of her will grow.

The Litany may be said when we are praying by ourselves, that is, privately; or when we pray with others, publicly. When it is recited publicly in church, the priest says the first part of each invocation and the people follow with the second part, which is called the response.

*The Litany of the Blessed Virgin Mary*

*Lord, have mercy on us. Christ, have mercy us. Lord,  
have mercy on us.*

*Christ, hear us. Christ, graciously hear us.*

*God the Father of Heaven, have mercy on us.*

*God the Son, Redeemer of the world, have mercy on us.*

*God the Holy Ghost, have mercy on us.*

*Holy Mary, pray for us.*

*Holy Mother of God, pray for us.*

*Holy Virgin of Virgins, pray for us.*

Mother of Christ, pray for us.

Mother of Divine Grace, pray for us.

Mother most pure, pray for us.

Mother most chaste, pray for us.

Mother inviolate, pray for us.

Mother undefiled, pray for us.

Mother most amiable, pray for us.

Mother most admirable, pray for us.

Mother of good counsel, pray for us.

Mother of our Creator, pray for us.

Mother of our Saviour, pray for us.

Virgin most prudent, pray for us.

Virgin most venerable, pray for us.

Virgin most renowned, pray for us.

Virgin most powerful, pray for us.

Virgin most merciful, pray for us.

Virgin most faithful, pray for us.

Mirror of Justice, pray for us.

Seat of Wisdom, pray for us.

Cause of our joy, pray for us.

Spiritual vessel, pray for us.

Vessel of Honor, pray for us.

Singular vessel of devotion, pray for us.

Mystical Rose, pray for us.

Tower of David, pray for us.

Tower of ivory, pray for us.

House of Gold, pray for us.

Ark of the Covenant, pray for us.

Gate of Heaven, pray for us.

Morning Star, pray for us.

Health of the sick, pray for us.

Refuge of sinners, pray for us.

Comforter of the afflicted, pray for us.

Help of Christians, pray for us.

Queen of Angels, pray for us.

Queen of Patriarchs, pray for us.

Queen of Prophets, pray for us.

Queen of Apostles, pray for us.

Queen of Martyrs, pray for us.

Queen of Confessors, pray for us.

Queen of Virgins, pray for us.

Queen of All Saints, pray for us.

Queen conceived without original sin, pray for us.

Queen assumed into Heaven, pray for us.

Queen of the Most Holy Rosary, pray for us.



Queen of peace, pray for us.

Lamb of God, Who takest away the sins of the world,  
spare us, O Lord..

Lamb of God, Who takest away the sins of the world,  
graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world,  
have mercy on us

V. Pray for us O holy Mother of God,

R. That we may be made worthy of the promises of  
Christ.

Let us pray.

Grant, we beseech Thee, O Lord God, unto us Thy servants, that we may rejoice in continual health of mind and body; and by the glorious intercession of blessed Mary ever Virgin, may be delivered from present sadness and enter into the joy of Thine eternal gladness.

Through Christ our Lord. Amen.

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, bottom) for tracing and writing practice.