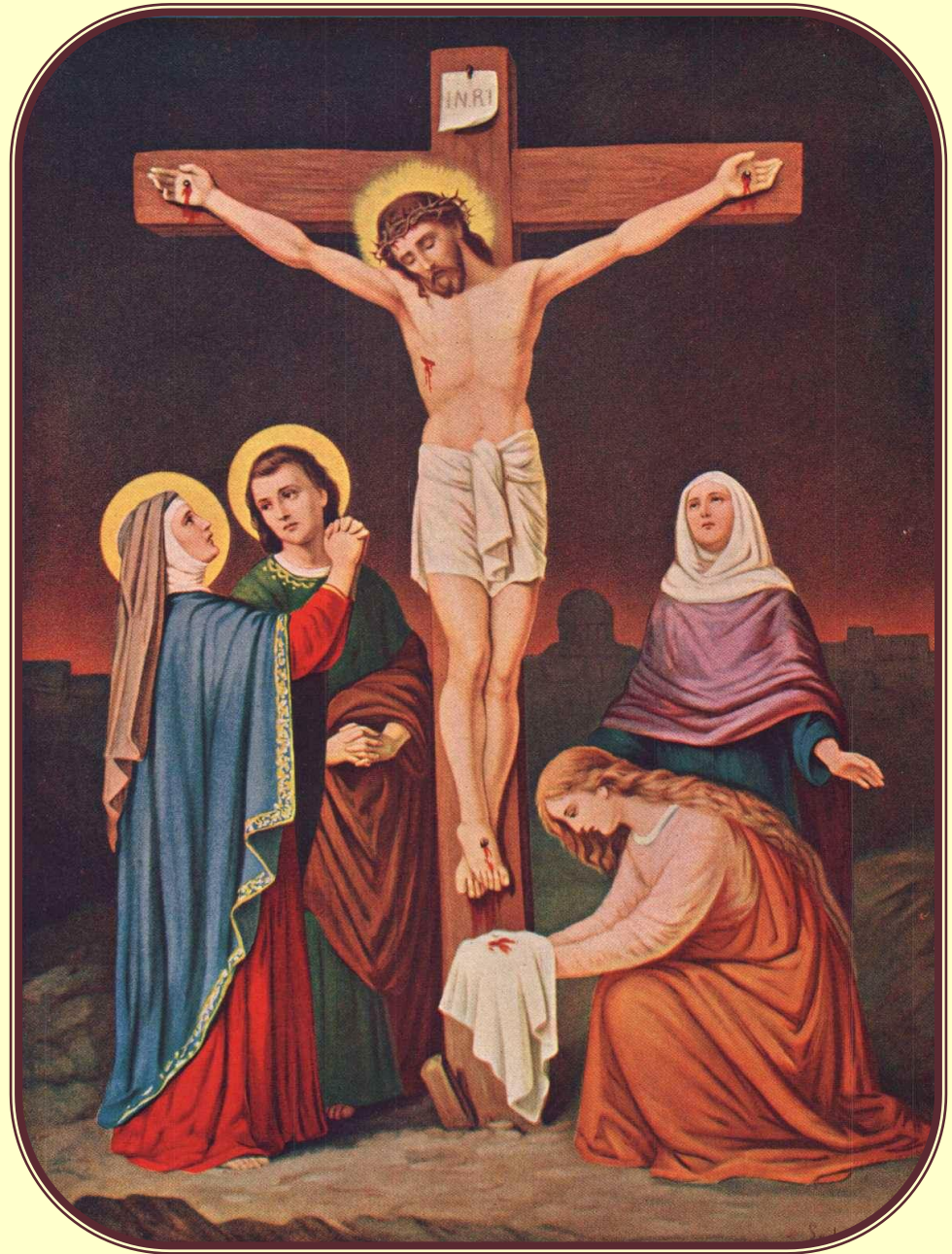


*The Fourteen Stations  
of the Cross  
and the  
Stabat Mater  
Handwriting Practice*





The well known Latin hymn, Stabat Mater Dolorosa, tells of the emotions of our Blessed Virgin Mary at the foot of the Cross, The author of the hymn is uncertain but by the end of the fourteenth century it was well known by all classes.

There are over sixty translations into English (in whole or in part). Amongst the translations are those of D. F. McCarthy, Aubrey de Vere, and Father Tabb. (source: [Catholic Encyclopedia, 1918](#))

Because of these translations there may be a variance between the version in this book and others you may have seen.

Although there are 20 stanzas it is commonly sang during the Way of the Cross using only 14 or 15 of them. All 20 are included in this book.



*The First Station*

*Jesus is Condemned to Death*

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*At the cross her station keeping*

*Stood the mournful Mother weeping*

*Close to Jesus to the last.*

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*Stabat Mater dolorosa*

*Juxta crucem lacrymosa,*

*Dum pendeat Filius*

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*The Second Station*

*Jesus Carries His Cross*

*Through her heart, His sorrow sharing,*

*All His bitter anguish bearing,*

*Lo! the piercing sword had passed.*

*Cujus animam gementem,*

*Contristatam, et dolentem,*

*Pertransiuit gladius.*



*The Third Station*  
*Jesus Falls the First Time*

*O, how sad and sore distressed,*  
*Now was she, that Mother blessed,*  
*Of the sole-begotten One.*

*O quam tristis et afflicta*  
*Fuit illa benedicta*  
*Mater Unigeniti.*



*The Fourth Station*

*Jesus Meets His Sorrowful Mother*

*Christ above in torment hangs,  
She beneath beholds the pangs  
Of her dying, glorious Son.*

*Quæ moerebat, et dolebat,  
Pia Mater, dum videbat  
Nati poenas inclyti.*



*The Fifth Station*

*Simon Helps Jesus to Carry His Cross*

*Is there one who would not weep  
Whelmed in miseries so deep  
Christ's dear Mother to behold?*

*Quis est homo qui non flet,  
Matrem Christi si videret  
In tanto supplicio?*



*The Sixth Station*

*Veronica Wipes the Face of Jesus*

*Bruised, derided, cursed defiled,  
She beheld her tender Child,  
All with bloody scourges rent.*

*Pro peccatis suae gentis  
Vidit Jesum in tormentis,  
Et flagellis subditum.*





*The Seventh Station*

*Jesus Falls the Second Time*

*For the sins of His own nation  
Saw Him hang in desolation  
Till His spirit forth He sent.*

*Vidit suum dulcem Natum  
Moriendo desolatum  
Dum emisit spiritum.*



*The Eighth Station*

*The Women of Jerusalem Weep Over Jesus*

*O Thou Mother! Fount of love.*

*Touch my spirit from above.*

*Make my heart with thine accord.*

*Eia Mater, fons amoris,*

*Me sentire vim doloris*

*Fac, ut tecum lugeam.*

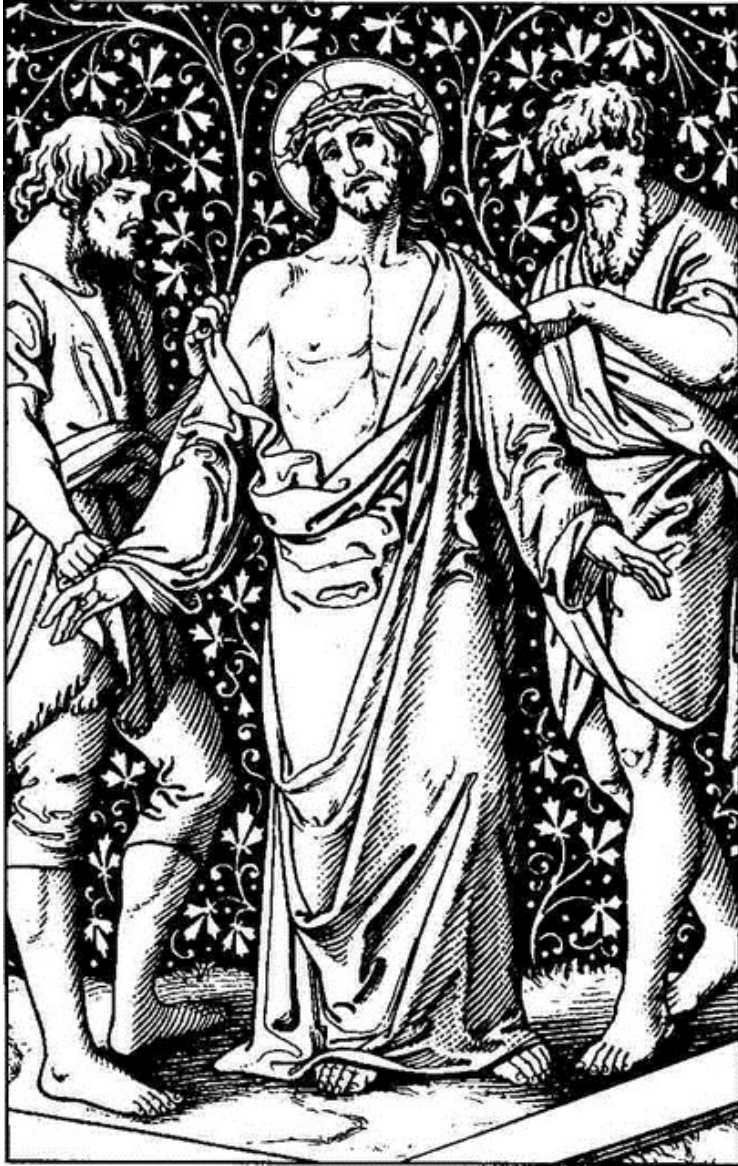


*The Ninth Station*

*Jesus Falls the Third Time*

*Make me feel as thou hast felt:  
Make my soul to glow and melt  
With the love of Christ my Lord.*

*Fac ut ardeat cor meum  
In amando Christum Deum,  
Ut sibi complaceam.*



*The Tenth Station*

*Jesus is Stripped of His Garments*

*Holy Mother! pierce me through.*

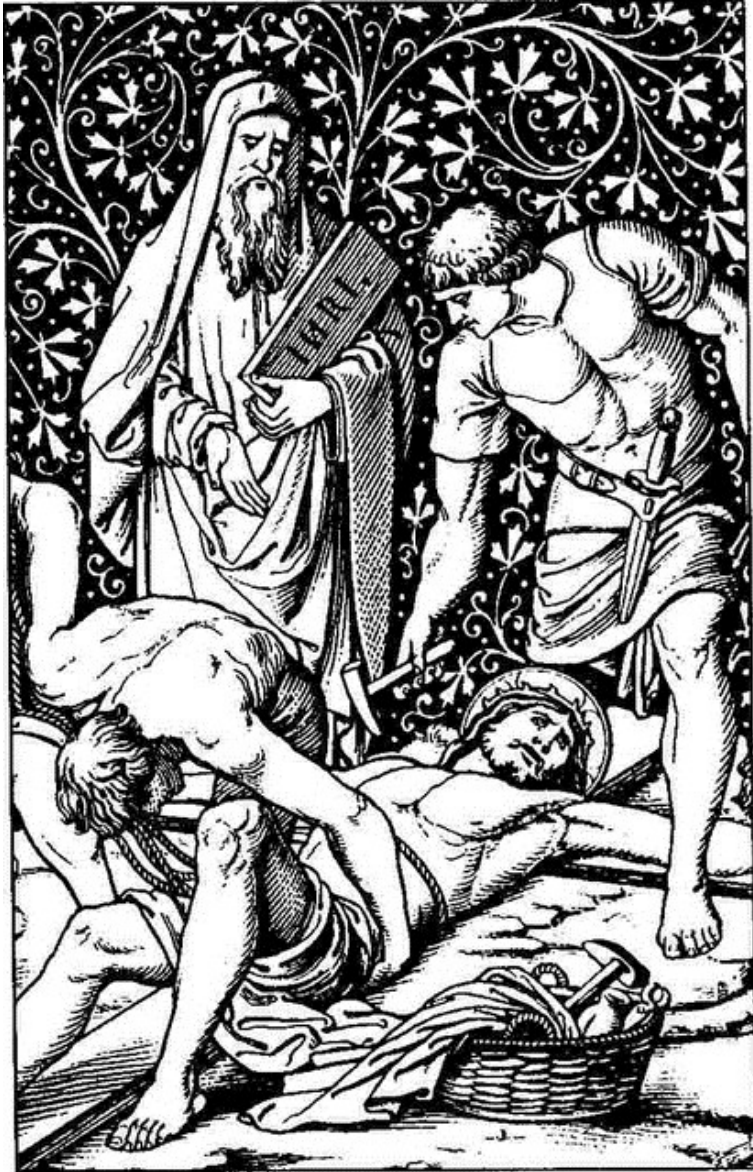
*In my heart each wound renew*

*Of my Saviour crucified.*

*Sancta Mater, istud agas,*

*Crucifixi fige plagas*

*Cordi meo valide.*

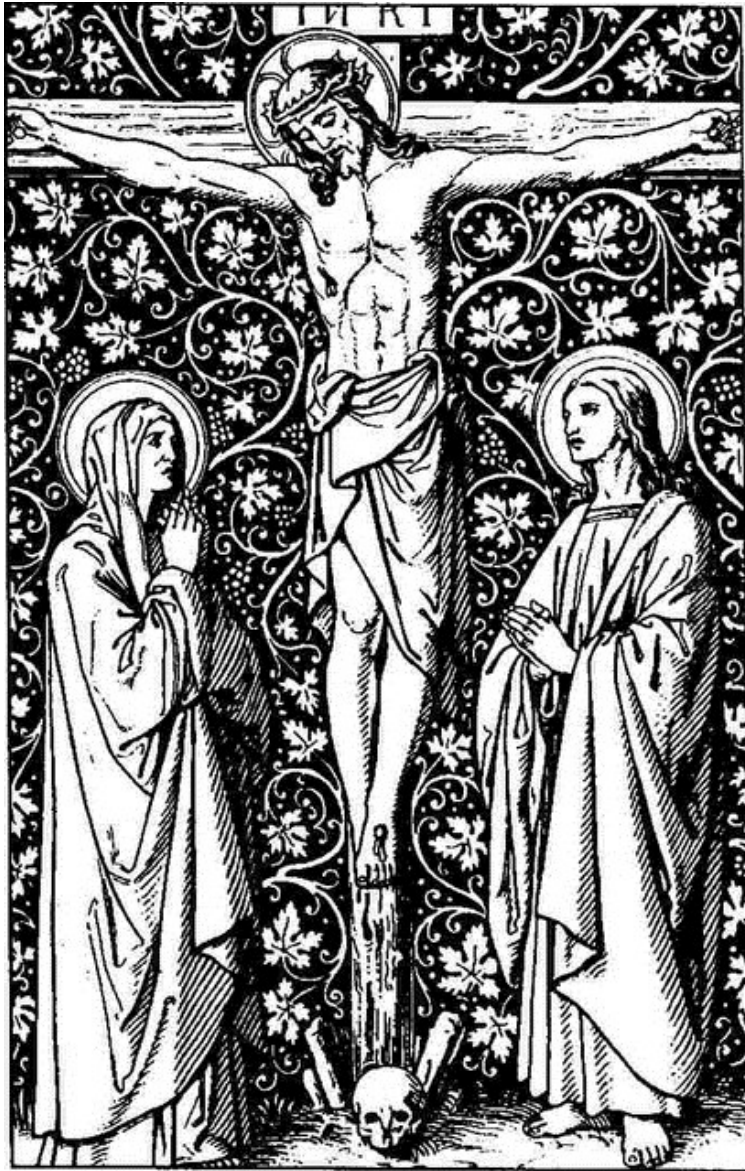


*The Eleventh Station*

*Jesus is Nailed to the Cross*

*Let me share with thee His pain,  
Who for all our sins was slain,  
Who for me in torments died.*

*Tui Nati vulnerati,  
Tam dignati pro me pati,  
Poenas mecum divide.*



*The Twelfth Station*

*Jesus is Raised Upon the Cross and Dies*

*Let me mingle tears with thee,*

*Mourning Him Who mourned for me,*

*All the days that I may live.*

*Fac me tecum pie flere,*

*Crucifixo condolere,*

*Donec ego vixero.*



*The Thirteenth Station*

*Jesus is Taken Down From the Cross*

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*By the cross with thee to stay,  
There with thee to weep and pray,  
Is all I ask of thee to give.*

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*Juxta Crucem tecum stare,  
Et me tibi sociare  
In planctu desidero.*

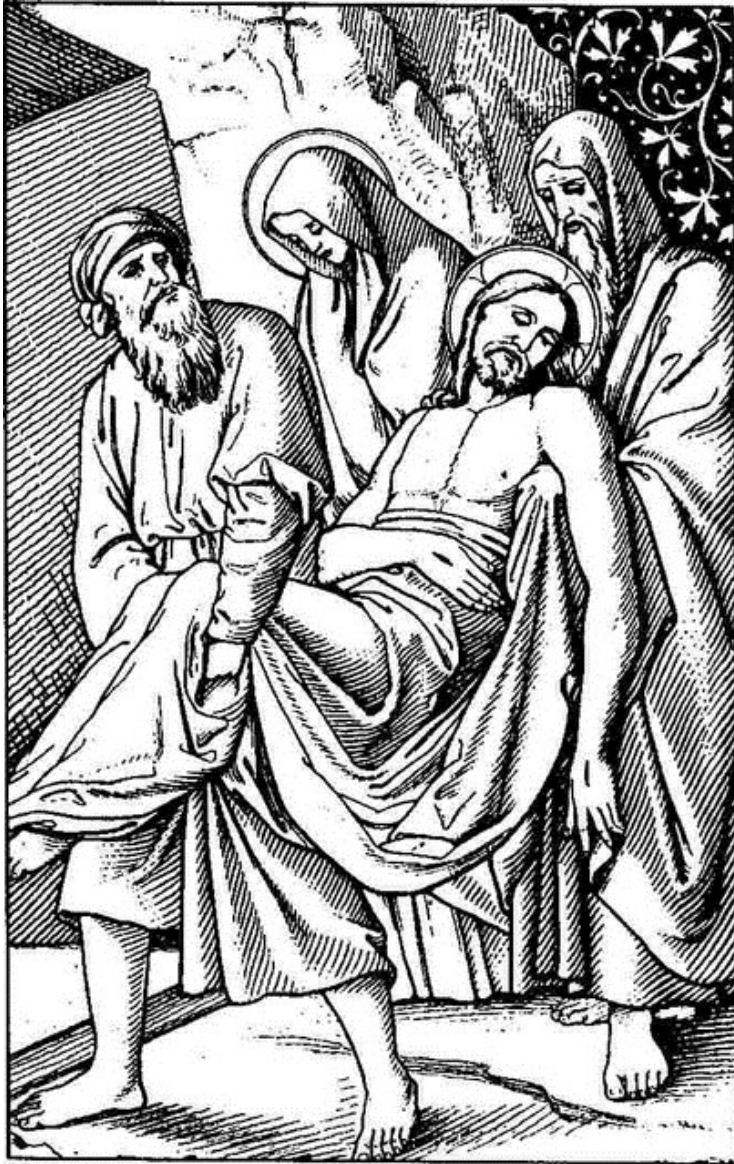
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*The Fourteenth Station*  
*Jesus is Laid in the Sepulchre*

*Virgins of all virgins best!*  
*Listen to my fond request:*  
*Let me share thy grief divine.*

*Virgo virginum praeclara,*  
*Mihi jam nonnisi amara;*  
*Fac me tecum plangere.*





Verse 15

Virgin of all virgins best,  
Listen to my fond request  
Let me share thy grief divine.

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Virgo virginum praeclara,  
Mihi iam non sis amara:  
Fac me tecum plangere.

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Verse 16

Let me, to my latest breath,  
In my body bear the death  
Of that dying Son of thine.

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Fac ut portem Christi mortem,  
Passionis fac consortem,  
Et plagas recolere.

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Verse 17

Wounded with His every wound, Steep  
my soul till it hath swooned  
In His very blood away.

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Fac me plagis vulnerari,  
Fac me cruce inebriari,  
Et cruore Filii.

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Verse 18

Be to me, O Virgin, nigh,  
Lest in flames I burn and die,  
In His awful Judgment day.

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Flammis ne urar succensus  
Per te Virgo, sim defensus  
In die judicii.

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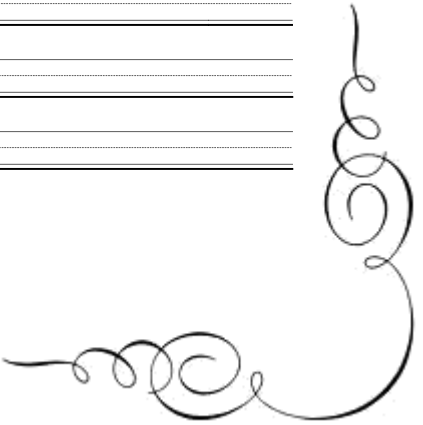
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*Verse 19*

*Christ, when Thou shalt call me hence,  
Be Thy Mother my defence,  
Be Thy cross my victory.*

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*Christe, cum sit hinc exire,  
Da per matrem me venire  
Ad palmam victoriae.*

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*Verse 20*

*While my body here decays,  
May my soul Thy goodness praise,  
Safe in Paradise with Thee.*

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*Quando corpus morietur,  
Fac ut animae donetur  
Paradisi gloria*

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